

COOKING



Today we will:

1. Question of the Day
2. Vocabulary
3. Warm-Up
4. Recipe Activities
 - Give me a recipe!
 - Speed Dating
 - Practical Scenario
 - Role-Play
5. Video: What the World Eats for Breakfast
6. Word of the Week



Question of the Day

Which do you prefer – restaurant food or home-cooked food? Why?



Vocabulary

cookie



to mix



to heat up



Peanut butter



to bake



to add a pinch of something



Vocabulary

dough



to peel



to knead



ingredients

to boil



recipe



Vocabulary

flour



to measure



to remove



oven



to scoop



to beat



Vocabulary

to grease



to put



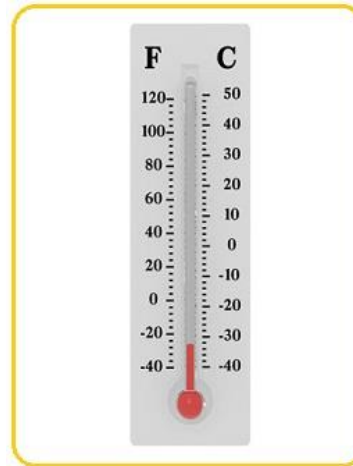
to flatten



to preheat



degrees



serving



Warm Up: Ingredients (組成部分)

With a partner, try and think of as many ingredients as you can!



Recipe Example

CORNBREAD

Name of the food

Colvin Run Mill Corn Bread

1 cup cornmeal
1 cup flour
½ teaspoon salt
4 teaspoons baking powder
3 tablespoons sugar
1 egg
1 cup milk
¼ cup shortening (soft) or vegetable oil



Ingredients/
Measurements

Mix together the dry ingredients. Beat together the egg, milk and shortening/oil. Add the liquids to the dry ingredients. Mix quickly by hand. Pour into greased 8x8 or 9x9 baking pan. Bake at 425 degrees for 20-25 minutes.

Instructions:
-How to cook
-Temperature/time

“Give me the recipe!”

- Teach me more about Chinese food!
- Write down a recipe that you know of.
- Write:
 1. Name
 2. Ingredients/Measurements
 3. Instructions
 - How to cook
 - Temperature/time



Speed Talking

- Do you enjoy cooking? Why or why not?
- What's the difference between eating at home and eating in a restaurant?
- Who usually cooks the meals at your home?
- Is there any difference between home-cooked food and food in restaurant?
- Which food do you think is healthier, restaurant food or home-cooked food?
- In your opinion, what is a “healthy diet”?
- What foods would you like to learn how to cook?
- What are some disgusting things that people eat?

Practical Scenario: Common Questions Asked While Cooking

How could you respond to each question?

1. Do you have a preference on which job to do?
2. Do you mind heating up some water on the stove?
3. Do you have any different ways to prepare this meal?
4. Would you like something to drink while we are cooking?
5. Do you mind setting the table for us?
6. Can you turn the oven on to 360 degrees?

Practical Scenario: Common Questions Asked While Cooking

How could you respond to each question?

1. Do you have a preference on which job to do?
 - No, I really don't have a preference.
 - Yes, I'd like to prepare the salad.
2. Do you mind heating up some water on the stove?
 - No problem, I'll heat up the water now.
 - Sure, I can heat it up. Do you want it to boil?
3. Do you have any different ways to prepare this meal?
 - I have a way to prepare this that my mom taught me.
 - I don't really have any other ways. Let's just do what the recipe says.

Practical Scenario: Common Questions Asked While Cooking

How could you respond to each question?

1. Would you like something to drink while we are cooking?
 - Sure, can I have a glass of water please?
 - No thanks, I might just wait until dinner.
2. Do you mind setting the table for us?
 - Sure, I can set the table.
 - I've never set the table before. Do you have a particular way of doing it?
3. Can you turn the oven on to 360 degrees?
 - Yes, I can turn on the oven.
 - No problem.

Role-Play

Student A:

You think your country's cuisine is the best in the world. Think of reasons to support this argument. When ready, ask your partner if he/she would like to go out with you tonight to a restaurant that serves your country's cuisine.

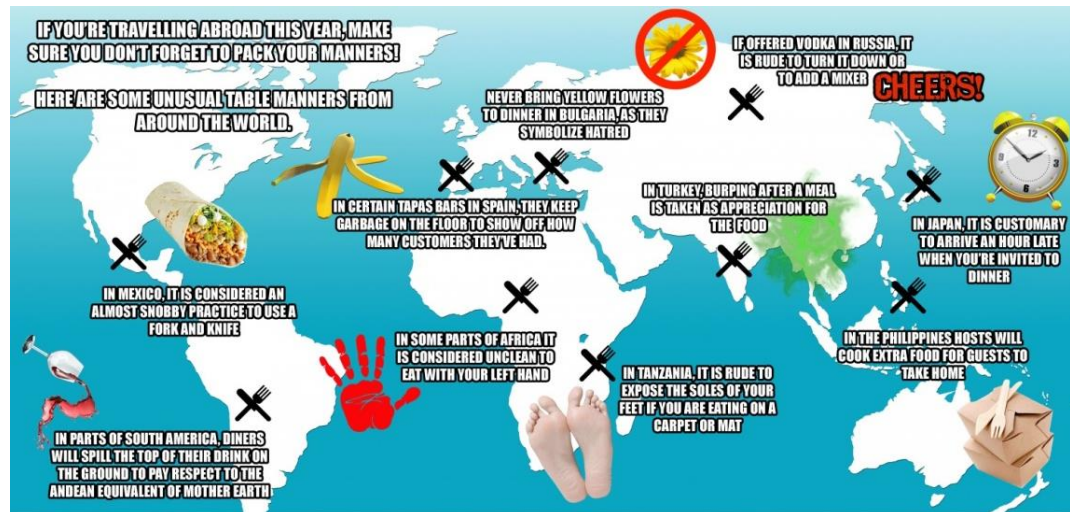
Role-Play

Student B:

You don't like your country's cuisine. Think of criticisms of it. Soon, your partner will invite you to a restaurant that serves your national cuisine. Refuse and try to convince him/her to go out for another kind of food.

Video: What the World Eats for Breakfast

- I will divide you into groups and give you the names of a few countries.
- In your groups come up with what you think each country eats for breakfast.
- We will watch a video and hear the correct answers!



Word of the Week

“What’s cooking, (good looking)?”

- Synonyms:
 - What’s up?
 - How’s it going?
 - What’s happening?
- Example:
 - “What’s cooking, good looking?”
 - “Nothing really. I’m just getting ready to go to class.”